

Has a motivational safety speaker visited your company?



By Chris Loomis, Safety Expert

You may not even know what a motivational safety speaker is and if that's true, then your company is definitely a good candidate for a visit by one of these safety specialists.

A motivational safety speaker is someone who has a background and training in ways to avoid workplace accidents. Bet you can't guess what the top two workplace accidents are!

Sprains

Yes, it's true. Wet or slick floors in the workplace can cause people to fall and sprain an ankle or even a wrist. Make sure floors are clean and clear of obstructions. If you spot an area of concern, notify your supervisor at once.

Strains

Strains occur when employees use improper lifting techniques. You should always lift with the legs instead of the back. If you must lift more than 20 pounds on a daily basis, be sure to wear a back brace. If worn properly, these can keep you safe from back strains even when your job requires a lot of lifting.

If you are injured on the job, be sure to report it at once to a supervisor so that you can receive proper medical treatment. Often people don't want to bother anyone or make a big deal out of an injury, and regret it later.

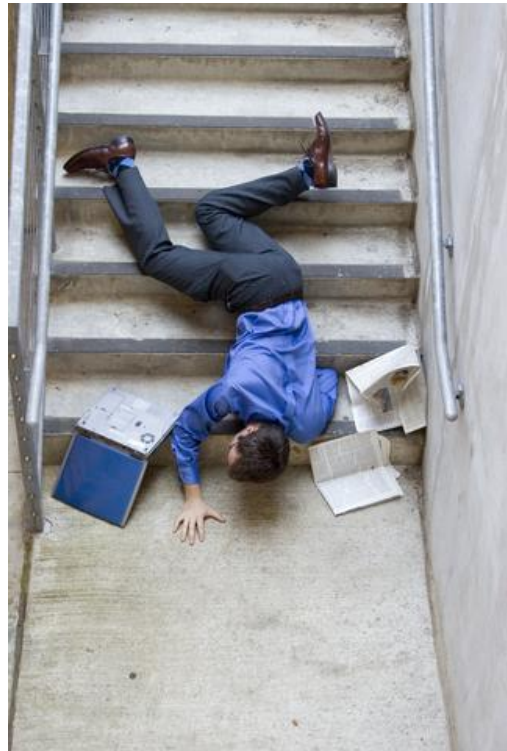
Avoidance Is Not Always Bad for You!

Most accidents are easy to avoid. It simply requires making employees aware of potentially dangerous situations. Many companies have found it useful to invite a motivational safety speaker to visit their company and speak to their employees about the many dangers that are all around us each and every day.

Once employees become aware, they are much less likely to be injured on the job. Workplace injuries cost money - for the employee and the employer. A motivational safety speaker can bring that extra awareness employees need in order to be mindful and cautious during their workday.

Safety is an attitude that begins in our thoughts. We can create an accident free work environment at work and at home if we believe we can and are committed to the process.

Chris has more than 20 years of professional safety experience. As the marketing manager for DuPont's environmental and safety services, he has seen first-hand the safety challenges faced by plant personnel while working with more than 600 chemical, petrochemical, and manufacturing facilities. Chris is an award-winning international safety speaker and author.



For more information or to book your next safety speaker, please visit <http://www.safetyattitude.com> or call Chris Loomis at 713-927-6592.