

A bumpy drive - don't be a klutz while driving



By Chris Loomis, Safety Expert

You may not be the type of person who is accident-prone. It seems like some of us just happen to be in the wrong place at the wrong time more than others. Whether you're a klutzy person who is regularly involved in little accidents or whether you're a very safety conscious person, who rarely ever has an accident, this article is for you.



Don't let this be you!

Let's face it! Sometimes we are affected by the stupid things that others do. Let's imagine that you're driving down the freeway doing everything you're supposed to do when the guy next to you mindlessly weaves in front of you. This happens quite a bit these days because people are usually on the phone and not paying attention to their driving.

There has even been some legislation to prevent motorists from talking on the phone while driving through a school district. This would indicate that we're all aware of how dangerous it is not to be paying attention to our driving.

You have to be watchful! You have to keep an eye on those around you at all times. Notice if someone is driving strangely. Make it your job to be aware of those bad drivers who are so thoughtless. This could one day save your life.

Developing an attitude of safety means that you are on guard at all times for potential near misses. You have an attitude of safety. This type of thinking can easily reduce the number and severity of accidents in your environment.

And all it takes is a mental adjustment; a keen understanding of what's at stake. Try this little experiment for one week. Everywhere you go, be thinking in terms of creating an accident free environment. Always be thinking in terms of safety. Be aware of potential hazards at home and in the work place.

You will be surprised at the many instances where an accident might have occurred if you hadn't been on your toes.

Safety is an attitude that begins in our thoughts. We can create an accident-free environment at home and at work if we believe we can and are committed to the process.

Chris has more than 20 years of professional safety experience. As the marketing manager for DuPont's environmental and safety services, he has seen first-hand the safety challenges faced by plant personnel while working with more than 600 chemical, petrochemical, and manufacturing facilities. Chris is an award-winning international safety speaker and author.

For more information or to book your next safety speaker, please visit <http://www.safetyattitude.com> or call Chris Loomis at 713-927-6592.